



R.L. Albert & Son, Inc.

INGREDIENT AND NUTRITIONAL INFORMATION

Item #: 1356

Name: Ice cubes 125 ct

Ingredients:

INGREDIENTS IN DESCENDING ORDER OF PREDOMINANCE BY WEIGHT: PARTIALLY HYDROGENATED COCONUT OIL, SUGAR, LOW FAT COCOA, DRIED SWEET WHEY, SOY FLOUR, HAZELNUT PASTE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

CONTAINS: DAIRY, SOY, AND TREE NUTS.

Nutritional Information:

Nutrition Facts			
Serving size 4 pieces (44g)		Vitamin A	0%
Servings per container about 31		Vitamin C	0%
Amount Per Serving		Calcium	4%
Calories 260	Calories from Fat 170	Iron	4%
	% Daily Value*	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending upon your caloric needs	
Total Fat 20 g	31%	Calories	2,000 2,500
Saturated Fat 18 g	90%	Total Fat	Less than 65g 80g
Trans Fat 0g		Sat Fat	Less than 20g 25g
Cholesterol 0 mg	0%	Cholesterol	Less than 300mg 300mg
Sodium 60 mg	3%	Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate 16 g	5%	Total Carbohydrate	300g 375g
Dietary Fiber 4 g	16%	Dietary Fiber	25g 30g
Sugars 16 g		Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Protein 4 g		INGREDIENTS: Partially Hydrogenated, Coconut Oil, Sugar, Low Fat Cocoa, Dried Sweet Whey, Soy Flour, Hazelnut Paste, Soy Lecithin, Artificial Vanilla Flavor, CONTAINS: DAIRY, SOY, AND TREE NUTS.	